



# New England Race Walks

5K Jr W / 10K Jr M / Open 3K / Novice-Youth 2K

Sunday, August 4, 2013 – 9 a.m.

East Boston Park/Stadium

East Boston MA (by Logan Airport)

Part of the USA vs. Canada Junior  
Race Walk Match

Be a part of the 25th annual USA vs. Canada Junior Race Walk Match showcasing the best age 19 and under walkers from the USA and Canada!

Sponsors: USATF-NE and the New England Walkers, with support of the Boston Parks Dept.

Events: 9:00 a.m. 5K Jr women / 10K Jr men with USA vs. Canada races - and Jr Men 5K  
Age 14 to not turning 20 during 2013  
Women must have walked/project 30:00 in 2013, Men 57:00 in 2013 (or 28:30 5k)  
10:15 a.m. Youth / Novice 2 kilometer  
Ages 14 & under, instructional race walk with past Team USA members  
AND Open 3K - Open to all abilities - Age 15+ please

Course: One + kilometer loop, flat paved bike/recreation path around fields and East Boston Stadium  
Facilities: Water station, Refreshments to follow, Restrooms (no lockers)

Registration: Pre-enter by mail (preferred) or submit email intent by Friday, August 2  
- Enter by email, or bring fee and signed waiver to the event - [office@usatfne.org](mailto:office@usatfne.org)  
Number pick-up / Day of event entry begins at 8:00 a.m. at the Gazebo next to the course

Entry Fees	Jr 5K / Jr 10K Race	\$5 per athlete	No awards - part of dual meet
And Awards:	3K Open Race	\$5 per athlete	Top 3 men / women
	2K Youth Race	\$1 per athlete	First boy and girl, "best style", raffle prizes

Join the best young walkers, and past & present Team USA members.

The event includes a clinic, competition, instruction, photos, and fun.

MORE INFORMATION: [www.usatfne.org/walk](http://www.usatfne.org/walk) or USATF-New England (617) 566-7600 / [office@usatfne.org](mailto:office@usatfne.org)

MAIL FORM AND FEE TO: USATF-NE, PO BOX 1905, BROOKLINE MA 02446

ENTRY FORM = New England Race Walks - Sunday, August 4, 2013 - East Boston Park

Name \_\_\_\_\_ M / F Date of Birth \_\_\_\_\_ EVENT \_\_\_\_\_

Club Name (not required): \_\_\_\_\_ 2013 USATF Member? Y/N # \_\_\_\_\_

Address: \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

**Assumption of risk:** I understand that race walking is a strenuous and potentially hazardous event with risks inherent in competing.

In consideration of the entry being accepted, I hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against USATF, USATF-New England, the city of Boston, its agents, representatives, successors, assigns, and any individuals associated with this event for any and all injuries suffered by my children at this event. I assume all risks associated with participating in this event including, but not limited to: falls, contact with other participants, officials, or spectators, all such risks being known and appreciated by me. I attest that this child is physically fit and trained to compete in this meet.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Athlete/Parent (Absolutely required from parent/guardian for youth entries)  
(entry form / information as of July 15)