



2011 USA TRACK & FIELD
1 HOUR RACE WALK CHAMPIONSHIPS
Junior M & W, Open M & W, Masters M & W

SUNDAY, OCTOBER 9, 2011
BENTLEY UNIVERSITY, WALTHAM, MA

9:30 a.m. Men 11:15 a.m. Women
10:45 a.m. – Youth (age 14 and under) Half mile/ One mile



HOSTED BY NE WALKERS

SANCTIONED & DIRECTED BY USATF NEW ENGLAND

Age Groups: Junior M&W (age 14 through born 1992), Open M&W, Masters M&W (5 year divisions, 40-44, etc)
Entry Fee: \$20.00 entry fee pre-entry received by Oct. 5, \$30 day of race. Checks payable to USATF-NE
USATF or foreign federation membership required for participation.
No fee for Youth race; medals to top finishers

Post Race: A variety of refreshments will be available after the races.
Awards: Only USA citizens eligible for championship medals and prize money.
USATF Medals awarded to the first 3 Open men / women, first 3 junior men / women,
and first 3 masters men/women in 5 year divisions.
Team awards to the first 3 m/f clubs (must declare team on race morning). See Rulebook for details.
Various oddball merchandise prizes for non-prize money places
Prize money: Top 3 eligible finishers in the Open men's & women's races (\$100/50/25)

Facility: 400m All-weather track – coned but no curb, record eligible. Display clocks at start and 200m mark.
Lap Counters: Will be provided – but if you bring your own, it will be a big help. Water/electrolyte drink each lap

Number Pickup On-site Registration and number pickup will start at 8:30 a.m. at the track.

Rest Rooms: Toilet facilities are available. No locker room or showering facilities available.

Mail entry form to → 1 Hour Racewalk USATF New England
USATF-NE 617 566 7600 Days
PO BOX 1905 office@usatfne.org
Brookline MA 02446 **More race info:** www.usatfne.org/walk

Online Registration: Available at www.usatf.org under National Championships

Cut Here – Send Bottom Portion

Assumption of risk : I understand that race walking is a strenuous and potentially hazardous event, and participating in this event may result in injury. In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby, for my heirs, executors and administrators, waive and release any and all rights and claims for damages I might have against USATF, the New England Association of USATF, Bentley University, New England Walkers, and all sponsors, media representatives, and their representatives, successors and assigns for any and all injuries suffered by me in said event. Furthermore, I agree to indemnify and hold harmless same for any damages from any such claims or damages due to loss or destruction of my personal property while at the event site. I attest and verify that I will participate in this event as a race walker, and that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed medical doctor. Further, I hereby grant full permission to any and all of the forgoing to use any photographs, videotapes, motion pictures, or any record of this event for any legitimate purpose. I realize that participants may be subjected to drug testing under USATF and IAAF rules, and those found positive for banned substances or who refuse testing will be disqualified from this meet and barred from future events. Some over-the-counter medications contain banned substances. For information on testing and banned substances, call the USOC hotline: (800) 233-0393.

Signature _____

(If under 18, signature of parent/ legal guardian also required) _____

Name: _____ Date of Birth _____ M ___ F ___

Address: _____ USATF Club: _____

City: _____ State: _____ Zip: _____ 2011 USATF # _____

Phone: () _____ - _____ Email: _____