# USATF-NEW ENGLAND JUNIOR OLYMPIC TRACK \& FIELD CHAMPIONSHIPS Saturday June 21, 2014 <br> Fitchburg State University Track Complex <br> Coolidge Park, John Fitch Highway, Fitchburg MA 01420 

TRACKRFIELD
NEW ENGLAND

| AGE DIVISIONS - DIVISIONS ARE NOW NAMED BY THE AGE GROUP (Age as of Dec 31) |  |  |
| :---: | :---: | :---: |
| Divisions - Age on 12/31 | Year of |  |
| 7-8 | 2006 / 2007 | EVENTS ARE LIMITED to 100/200/400/800/1500/relays/LJ/SP/MiniJav |
| 9-10 | 2004 / 2005 |  |
| 11-12 | 2002 / 2003 |  |
| 13-14 | 2000 / 2001 |  |
| 15-16 | 1998 / 1999 |  |
| 17-18** | 1996 / 1997 | ** also 1995 if born after 7/27/1995 |

ELIGIBILITY: Participation is limited to US citizens, resident aliens, and foreign exchange students.

## ENTRY LIMITS

Athletes must compete in their own age group - not older or younger groups.
7-8, 9-10, 11-12 may enter 3 events INCLUDING RELAYS
13-14, 15-16, 17-18 may enter 4 events INCLUDING RELAYS
EACH RELAY COUNTS AS AN EVENT!! Events not held at Fitchburg but waived to Region I (steeplechase, 4x800) count as events
Multi-events (waivers) do NOT count as individual events entered
ENTRY PROCESS - ONLINE ENTRY ONLY - ENTRY CLOSES TUESDAY, June 17, at 11:59 pm
USATF MEMBERSHIP - To ENTER the meet, athletes need a 2014 USATF Membership AND the date of birth must be verified prior to entry.
Online entry only at www.CoachO.Com - Find the New England meet on June 21. ALL ENTRY CLOSES 6/17 at 11:59 pm
Payment at time of entry preferred. Clubs may arrange for full payment may be made on meet day.
All entries must pay the fee; it is an entry fee, not a participation fee
There is NO DAY OF EVENT ENTRY. Please understand the meet management issues which late entries create
ENTRY FEES $\$ 6.00$ for each individual event entered
ENTRY CLOSES ON Tuesday, June 17 at 11:59 pm.
RELAYS - There is no entry fee for Relays at the New England meet
Only USATF member clubs as of June 17 may enter relays. All team members must be in the same age division
Any name on a club roster on June 17 is eligible to run at any level. No additions after 6/17
** All relay team runners MUST wear the same color tops and bottoms **

## FIELD EVENTS

Field event competitors who are also in running events may be moved in flights, or excused for a reasonable time to run
They must check out and check in with the field event official
Missed trials may only be taken if the competitor returns before the final round or before the competition ends
In the pole vault and high jump, the bar is not lowered after the competition begins
Attempts in the throws and the long /triple jump
7-8 9-10, 11-12, 13-14-4 attempts
15-16 17-18-3 attempts, and top 6 get 3 additional final attempts.
REGION I JO CHAMPIONSHIPS July 10-12-13 2014
The top 8 finishers in each event on June 21 qualify for Region I meet.
Region I information is found at www.usatfne.org/track
Region I registration is ENTIRELY ONLINE from June 25 to July 5 at CoachO.com No mail-in entry

## WAIVERS INTO REGION I MEET

With prior approval of the NE Office, athletes missing the New England meet due to certain circumstances may (not a guarantee) advance to the Region I meet if this does not displace a top 8 finisher from Fitchburg. Requests must be requested by June 17
THERE IS NO $4 \times 800$, Steeplechase, or Multi-events at the New England meet. Individuals interested in those events must request a waiver for those events by June 17 at 6:00 p.m. to be considered for the Region I meet, They must also enter the NE meet and pay the fee as if those events were being held Each of those events count as one event entered the New England meet.

USATF NATIONAL JO CHAMPIONSHIPS, Houston TX July 21-27, 2014
www.usatf.org/events/2014/USAJuniorOlympicTFChampionships
The top $\underline{5}$ finishers in each event at the Region I meet (except multi-events) qualify for the National Championships.
Entry is entirely online following the Region I meet at CoachO.com

| Divisions- | Age on 12/31 | Birth year | NOTE: NEW ORDER FOR 2014!! |
| :---: | :---: | :---: | :---: |
| 1B, 1G | 7-8 | 2006 / 2007 |  |
| 2B, 2G | 9-10 | 2004 / 2005 |  |
| 3B, 3G | 11-12 | 2002 / 2003 |  |
| 4B, 4G | 13-14 | 2000 / 2001 |  |
| 5B, 5G | 15-16 | 1998/1999 |  |
| 6B, 6G | 17-18 | 1996 / 1997 (and July 27 1995+) |  |

TRACK EVENTS

## AGES ARE CONTESTED DIFFERENTLY FROM PAST - READ CARFULLY!!

9:30 am 400m hurdles 36" Boys 15-16, 17-18

| $9: 50 \mathrm{am}$ | 200m Hurdles | Boys 13-14, Girls $13-14$ |
| :--- | :--- | :--- |
| 1500m Race Walk |  |  |
| ALL AGES - ONE RACE- all will race a 1500 m only |  |  |

10:00 am Order of age groups, unless combined, is $7-8,9-10,11-12$ ONLY IN MORNING
100 meters $\quad 7-8,9-10,11-12$ Trials - top 8 times to final
1500 meters GIRLS 7-8, 9-10, 11-12 Finals on Time

100 meters $\quad 7-8,9-10,11-12$, Finals 1500 meters BOYS 7-8, 9-10, 11-12 Finals on Time 400 meters $4 \times 100$ Relay 800 meters 200 meters

All Finals on Time
All Finals on Time
All Finals on Time
4x400 RELAY
All Finals on Time
7-8, 9-10, 11-12 (may combine races)
$\begin{array}{llll}\text { 1:30 } \mathrm{pm} & 80 \mathrm{~m} \text { hurdles } 30^{\prime \prime} & \text { Girls AND Boys } & \text { 11-12 } \quad \text { All hurdles are finals placed on Time } \\ 100 \mathrm{~m} \text { hurdles } 30 " & \text { Girls } 13-14\end{array}$
100m hurdles 33" Boys 13-14
100m hurdles 33 " Girls 15-16, 17-18
110 m hurdles 39 " Boys 15-16, 17-18

| 2:00 pm | Track for Age 1 | 4, 15-16 and 17-18 divisions - Ord | der of age groups will be Girls then Boys |
| :---: | :---: | :---: | :---: |
|  | 1500 meters | C-14 G, B, $15-16 \mathrm{G}, \mathrm{B}, 17-18 \mathrm{G}, \mathrm{B}$ Girls 13-14, 15-16, 17-18 | Trials Girls then Boys |
|  | 100 meters | 13-14 G, B, 15-16 G, B, 17-18 G, B | Finals |
|  | 1500 meters | Boys 13-14, 15-16, 17-18 | Finals on Time - May combined ages |
|  | 400 meters | 13-14, 15-16, 17-18 | Finals on Time |
|  | $4 \times 100$ Relay | 13-14, 15-16, 17-18 | Finals on Time |
|  | 800 meters | 13-14, 15-16, 17-18 | Finals on Time |
|  | 200 meters | 13-14, 15-16, 17-18 | Finals on Time |
|  | 3000 m GIRLS | Girls 11-12, 13-14, 15-16, 17-18 | (some ages will be combined) |
|  | 3000 m BOYS | Boys 11-12, 13-14, 15-16, 17-18 | (some ages will be combined) |
|  | 4x400 RELAY | 13-14, 15-16, 17-18 | (some age groups will be combined) |

FIELD EVENTS

| Long Jump | 9:45 am | PIT 1-13-14 Girls, 13-14 Boys, then 15-16 / 17-18 Followed by - Girls -- 13-14 then 15-16 / 17-18 BOYS PIT 1, GIRLS PIT 2 - Order: Age 11-12, then 7-8 then 9-10 |
| :---: | :---: | :---: |
|  | $1: 30 \mathrm{pm}$ |  |
| Triple Jump | 9:45 am | PIT 2 only - Boys 13-14, then Girls 13-14 then Boys 15-18 then Boys 15-18 |
| High Jump | 9:45 am | Girls combined 15-16 and 17-18 Opening 4'2" Then Boys combined 15-16 and 17-18 Opening 5'0" Then B 13-14 and G 13-14 together, girls open 3'10, boys open 4'4 |
|  | $1: 45 \mathrm{pm}$ | Girls 11-12 followed by Boys 11-12 then Girls 9-10 then Boys 9-10 Girls Open 3'0, Boys Open 3'2" |
| Pole Vault | 10:30 am | All GIRLS together OPENING HEIGHTS 13-14 5'6" $15-16$ 6'6" $17-18$ 7'6" |
|  | 1:00 pm | All BOYS together OPENING HEIGHTS 13-14 6'6" $15-167^{\prime \prime} 6^{\prime \prime} 17-189^{\prime \prime} 0^{\prime \prime}$ |
| Javelin 9:30 am Synthetic Runway |  | Girls 13-14, then Boys 13-14, then Girls 15-18, then Boys 15-16 then Boys 17-18 |
|  |  | Minimum measurements after first fair throw: Boys 13-14 19.00m 15-16, 26.00 m 17-18 40.00 m |
| Mini-Javelin $\quad 1: 30 \mathrm{pm}$ Synthetic Runway |  | Girls 9-10 then 11-12 then 7-8 followed by Boys 9-10 then 11-12 then 7-8 |
| Shot Put | 10:00 am | Upper circle - Girls 15-16 then 13-14 then 17-18 Main circle - Boys 15-16 then 13-14 then 17-18 |
|  | 1:30 pm | Upper circle - Girls 7-8 then 9-10 then 11-12 Main circle - Boys 7-8 then 9-10 then 11-12 |
| Discus | 10:00 am | Girls 11-12 combined 13-14 Then Boys 11-12 combined 13-14 |
| Lower circle | 1:00 pm | Girls 15-16 combined 17-18 Then Boys 15-16 combined 17-18 |
| Hammer | 4:00 pm | Girls 15-18 Then Boys 15-18- Minimum Measure after first fair throw: 25.00 Meters |

