

# USATF New England MINI MEETS AT M.I.T. WEDNESDAY EVENINGS May 28, June 4, 2014 6:15 p.m.

AT: Steinbrenner Track, M.I.T., Cambridge, MA

FOR: All ages and abilities. Age limitations in some events SPONSORED AND SANCTIONED BY: USATF - New England

#### WEEKLY SCHEDULE:

Running order is Adult then Youth, Women then Men

**5:45 pm** Registration

6:15 pm 100/110 Hurdles and 400 Hurdles (adult only; you put 'em out by 6pm)

1 Mile Age 13 and up only

100 Open then Youth Long Jump (3 attempts) - must help rake

400 Open then youth Triple Jump after LJ, adult only
800 Open then youth Pole Vault - may be contested
200 Open then youth MUST email day before to confirm

4 x 100 Relay - any combo of ages and genders \*\* time dependent

800m Racewalk

### ENTRY PROCEDURES AND FEES:

Enter day of event only at trackside - all competitors must sign the waiver;

A coach or parent <u>must</u> sign for all youth.

\$1.00 for youth - born 2000 and later

\$3.00 for all others with current USATF

\$5.00 for all others - non-members

## Notes:

Please stay off the track until M.I.T. Teams have finished their practice!

Races may combine Men & Women All runners will be timed and recorded.

Youth divisions - 2 year age groups by year of birth (Born 2004-2008 born 2002-2003 Born 2000-2001)

Please, no runners younger than 6

Relays are for any combination of ages, boys/girls, men/women Be ready to go to your zones

ALL YOUTH CLUBS are expected to provide one volunteer each week to help, if needed

Thanks to M.I.T. Athletics and the track team for their support of this series.

### DIRECTIONS TO M.I.T. Track:

The track is on Vassar Street (parallel to Memorial Drive), a block from Mass. Ave.

Subway - Red Line: Central Square. Walk south on Mass. Ave to Vassar Street, under 1/2 mile

MBTA Bus: #1 stops on Mass Ave at MIT

Parking: On street parking. The garage is open with a \$5 parking fee.

RESULTS: www.usatfne.org/track Contact: office@usatfne.org 617-566-7600