

# USATF New England MINI MEETS AT M.I.T. WEDNESDAY EVENINGS May 22, May 29, June 5, 2013 

AT: Steinbrenner Track, M.I.T., Cambridge, MA
FOR: All ages and abilities. Age limitations in some events
SPONSORED AND SANCTIONED BY: USATF - New England
WEEKLY SCHEDULE:
Running order is Adult then Youth, Women then Men
6:00 pm Registration
6:30 pm 100/110 Hurdles and 400 Hurdles (adult only; you put 'em out, call first)
1 Mile Age 13 and up only
100 Open then Youth Long Jump (3 attempts) - must help rake
400 Open then youth
Triple Jump after LJ, adult only
800
200 Open/youth
Pole Vault - may be contested on May 29 and June 5
$4 \times 100$ Relay - any combo of ages and genders
800m Racewalk

## ENTRY PROCEDURES AND FEES:

Enter day of event only at trackside - all competitors must sign the waiver:
A coach or parent must sign for all youth.
$\$ 1.00$ for youth - born 1999 and later (bantam/midget/youth)
$\$ 3.00$ for all others with current USATF
$\$ 5.00$ for all others - non-members

## Notes:

Please stay off the track until M.I.T. Teams have finished their practice!
Races may combine Men \& Women All runners will be timed and recorded.
Youth divisions - 2 year age groups by year of birth ( Born 2003+, Born 2001-2002, Born 1999-2000)
Relays are for all ages, any combination of ages, boys/girls, men/women
ALL YOUTH CLUBS are expected to provide one volunteer each week to help, if needed
Thanks to M.I.T. Athletics and the Track Teams for their support of this series.
DIRECTIONS TO M.I.T. Track:
The track is on Vassar Street (parallel to Memorial Drive), a block from Mass. Ave.
Subway - Red Line: Central Square. Walk south on Mass. Ave to Vassar Street, under $1 / 2$ mile
MBTA Bus : \#1 stops on Mass Ave at MIT
Parking: On street parking. The garage may be open with a $\$ 5$ parking fee.
RESULTS: www.usatfne.org/track
Contact: office@usatfne.org 617-566-7600
The meets are a service of your New England USA Track \& Field office

