USATF-NEW ENGLAND JUNIOR OLYMPIC TRACK \& FIELD CHAMPIONSHIPS Saturday June 18, 2011
Fitchburg State University Track Complex
Coolidge Park, John Fitch Highway, Fitchburg MA 01420

AGE DIVISIONS - BY YEAR OF BIRTH

Sub Bantam Boys \& Girls $2003 / 2004$
an Boys \& Girls
Bantam Boys \& Girls
Midget Boys \& Girls
Youth Boys \& Girls
Intermediate Boys \& Girls
Young Men \& Women**
2001/2002
2001/2002
1999/2000
1997/1998
1995/1996
irth

1993/1994 YM, YW ** also 1992 if born after 7/31/1992

## SUB BANTAM IS NEW THIS YEAR. EVENTS ARE LIMITED

100/200/400/800/1500/relays/LJ/SP/TurboJav

ELIGIBILITY: Participation is limited to US citizens, resident aliens, and foreign exchange students.

## WAIVERS TO REGION I MEET

With prior approval of the NE Office, athletes who miss the New England meet due to extraordinary circumstances may be allowed to advance to the Region I meet if this does not displace athletes who competed at Fitchburg. All requests must be in by June 16.
NO $4 \times 800$ relays, steeplechase, or multi-events at the New England meet. Individuals and $4 \times 800$ teams must sign up no later than June 16 to be considered for the Region I meet. Each of these events will counts as one event entered for athletes at the New England meet!

## ENTRY LIMITS

Athletes must compete in their own age group.
Sub-Bantam / Bantams / Midgets may enter a total of three 3 events INCLUDING RELAYS
Youth, Intermediate, Young Men/Women may enter 4 events INCLUDING RELAYS
EACH RELAY COUNTS AS AN EVENT!!
ENTRY PROCESS
USATF MEMBERSHIP Athletes need a current 2011 USATF Membership to ENTER the meet. Date of birth must be verified prior to entry.
Online entry only - at www.CoachO.Com - Search for the New England meet based on date of the event.
Payment at time of entry preferred. Payment may be made on meet day. All entries must pay the fee; it is an entry fee, not a participation fee
** ALL ENTRANTS MUST BRING THE SIGNED PAPER RECEIPT / WAIVER FORM WITH THEM TO THE NEW ENGLAND MEET VERY LIMITED PAPER ENTRIES WILL BE ACCEPTED - this must be discussed and approved by the USATF NE office

## ENTRY FEES

Entered by the end of Thursday June 16 (There is no online entry after 6/16):
$\$ 6.00$ first event, $\$ 4.00$ each additional event.
Day of event entries (until 11 a.m. only) - $\$ 10.00$ for first event, $\$ 8$ each additional event.
There is no fee for relays at the New England meet

## RELAYS

Only USATF member clubs as of June 16 may enter a relay. All team members MUST be in the same age division
Any name on a club roster on June 16 is eligible to run at any level. No additions after $6 / 16$
All relay team runners MUST wear the same color top. At Regionals and Nationals, relay teams wear the same color tops and bottoms Each team member must complete an individual entry.

## FIELD EVENT NOTES:

Field event competitors participating in running events will be excused for a reasonable time. CHECK IN AND OUT WITH FIELD EVENT OFFICIAL. In throws and horizontal jumps, missed trials may be taken only if the competitor returns before the finals have started.
If finals have begun, missed trials may NOT be made up.
In the pole vault and high jump, the bar will not be lowered after the competition begins.
Attempts in the throwing events and long jump / triple jump
Sub Bantam, Bantam, Midget, Youth - receive 4 tries
Intermediate \& Young M/W receive 3 trials \& and the top 7 receive 3 final attempts
REGION I JO CHAMPIONSHIPS July 8, 9, 10, $2011 \quad$ Rensselaer Polytechnic Institute, Troy New York
The top 6 finishers in each event on June 18 qualify for Region I meet.
Region I information will be found at www.CoachO.com
Region I registration is DONE ENTIRELY ONLINE during the week of June 22-25 at CoachO.com No mail in entry
The Website will have specific times and dates
USATF NATIONAL JO CHAMPIONSHIPS July 25-31, 2011 Wichita Kansas
www.usatf.org/events/2011/USAJuniorOlympicTFChampionships
New National qualifying placings: The top $\underline{5}$ finishers in each event at the Region I meet (except multi-events) qualify to compete at the National Championships. Entry is entirely online the week following the Region I meet at CoachO.com

# USATF-NEW ENGLAND JUNIOR OLYMPIC TRACK \& FIELD CHAMPIONSHIPS Saturday June 18, 2011 , Fitchburg State University Track Complex SCHEDULE OF EVENTS 

Notes:
In the 100, if 8 or fewer competitors check in, the final will run at the time of the trials
Age groups may be combined if numbers do not warrant separate sections
Times listed are earliest time that event will start

| Divisions | Birth year | Abbreviation |
| :--- | :---: | :---: |
| Sub Bantam Boys \& Girls | $2003 / 2004$ | SB, SG - very limited event list |
| Bantam Boys \& Girls | $2001 / 2002$ | BB, BG |
| Midget Boys \& Girls | $1990 / 2000$ | MB, MG |
| Youth Boys \& Girls | $1997 / 1998$ | YB, YG |
| Intermediate Boys \& Girls | $1995 / 1996$ | IB, IG |
| Young Men \& Women** | $1993 / 1994$ | YM, YW |

## TRACK EVENTS

| 10:15 am | $1500 \mathrm{~m} / 3000 \mathrm{~m}$ Racewalk | ALL AGES - ONE RACE (all will race 1500 only) |
| :--- | :--- | :--- |
| 10:30 am | 400 m hurdles $36 "$ IB, YM |  |
|  | 400 m hurdles 30 " |  |
|  | IG, YW |  |
|  | 200m Hurdles | YG, YB |

10:45 am Track for Intermediate and Young divisions - Order of age groups will be IG, IB, YW, YM

| 100 meters | Inter/Youth | Trials |
| :--- | :--- | :--- |
| 1500 meters | IG, YW | Finals on Time |
| 100 meters | Inter/Youth | Finals |
| 1500 meters | IB, YM | Finals on Time |
| 400 meters | Inter/Youth | Finals on Time |
| $4 \times 100$ Relay | Inter/Youth | Finals on Time |
| 800 meters | Inter/Youth | Finals on Time |
| 200 meters | Inter/Youth | Finals on Time |
| $4 \times 400$ Relay | Inter/Youth | Finals on Time |


| 12:45 pm | 80 m hurdles $30 "$ | MG, MB | Finals on Time |
| :--- | :--- | :--- | :--- |
|  | 100 m hurdles $30 "$ | YG | Finals on Time |

100m hurdles 33" YB, IG, YW Finals on Time
110 m hurdles 39 " IB, YM Finals on Time

| 1:30 pm | Order of age groups, unless combined, is SubB, BG, BB, MG, MB, YG, YB |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | 100 meters | All | Trials |  |
|  | 1500 meters | All Girls | Finals on Time |  |
|  | 100 meters | All | Finals |  |
|  | 1500 meters | All Boys | Finals on Time |  |
|  | 400 meters | All | Finals on Time |  |
|  | $4 \times 100$ Relay | All | Finals on Time |  |
|  | 800 meters | All | Finals on Time |  |
|  | 200 meters | All | Finals on Time |  |
|  | 4x400 Relay | All | Finals on Time |  |
| 4:00 pm | 3000m | MG and YG, then MB and YB (may be combined) |  | No Sub or Bantam |
|  | 3000m | IG and YW then IB and YM (YM now run 3000) (may be combined) |  |  |

FIELD EVENT SCHEDULE

| Javelin | 10:00am | IB/YM combined then IG/YW combined then YB/YG |
| :---: | :---: | :---: |
| Mini-Javelin | 12:30 pm | SubB, BG/BB, MG/MB (on grass runway) |
| Long Jump | two pits, one for girls, one for boys (in age order) |  |
|  | 10:00 am | IG/YW and IB/YM |
|  | 1:00 pm | Sub B / Bantam / Midget / Youth |
| Triple Jump High Jump | 11:30 am | Youth/Inter/Young - one pit, girls then boys, ages may be combined |
|  | 10:00 am | IB and YM combined, then IG and YW combined |
|  | 12:30 pm | (BG and MG) (BB and MB), YG, YB |
| Pole Vault | 10:30 am | All girls together |
|  | followed by All boys together |  |
| Shot Put | 10:30 am | IG,YW together IB, YM together |
|  | 12:30 pm | Sub/B/M/Y Girls then Sub/B/M/Y Boys |
| Discus | 11:30 am | (IG,YW lower circle) AND (IB,YM upper circle) 2 circles for discus |
|  | 1:30 pm | (MG,YG lower circle) AND (MB,YB upper circle) |
| Hammer | 3:00 pm | IG/YW IB/YM - all may be combined - OPEN HAMMER FOLLOWS |

