

**USATF - NEW ENGLAND OUTDOOR TRACK & FIELD  
OPEN AND MASTERS CHAMPIONSHIPS  
Sunday, June 13, 2010  
REGIS COLLEGE, WESTON MA**



**COMBINED OPEN/MASTERS (40+) CHAMPIONSHIP  
(some masters limitations)**

**Regis College, 235 Wellesley St, Weston MA**

*Directions:* Off of Rte.30 in Weston MA see www.regiscollege.edu  
2.5 miles west of I-95 / Rt 30 / Mass. Turnpike intersection

**Date and Time - Sunday June 13, 2010, 11:00 a.m.**

Registration opens at 10:30 a.m. on finish line side of track  
Please keep off track until 11:00 a.m.

**Entry Fee**

**Received by June 10:** \$15 for first event, \$5 for additional events

**Day of Event:** \$20 for first event, \$10 for each additional event

*Day of event entry taken until 12 Noon ONLY*

*PRE entry only for hurdles, steeplechase and pole vault  
no day of event in those events*

**Relays:** Limited to USATF member clubs. No entry fee for relays

**2010 USATF Membership** – required for all non-collegians.

Available at the meet for \$30 adult, \$20 youth

**Masters Championship Events – Age 40+**

Scheduling requires us to run a combined open/masters championship meet this year. Age 30-39 compete in open events

**NOT ALL EVENTS HAVE MASTERS SECTIONS THIS YEAR !**

**NO MASTERS HURDLES, STEEPLECHASE, 5000, POLE VAULT, HAMMER**

Masters Championship events will run combined with open, or follow open events depending on numbers. Check in at the open time.

**Awards** – Medals - top 3 individual open/masters in each event

**Prize money** will be awarded to top open men's and women's athletes based on international scoring tables. See separate page.

**Team Scoring** - USATF-NE open clubs only: 5-3-2-1

TRACK EVENTS	
All Women followed by All Men in all events	
All events are contested as timed finals (no trials)	
11:20 am	4 x 100 Relay
11:30 am	5000 m - M/W together, 20:00 limit
11:50 am	400 m hurdles – pre-entry only
12:00 pm	3000 m race walk
	M / W together, 20 min. limit
12:30 pm	100/110 m hurdles – pre-entry only
12:45 pm	100 m
1:10 pm	400 m
1:30 pm	800 m
1:50 pm	3000m steeplechase – women then men
2:15 pm	200 m
2:35 pm	1500 m
3:00 pm	3000 m
To follow	4 x 400 Relay
FIELD EVENTS	
NOTE ORDER OF DIVISIONS	
11:30 am	Javelin – MEN / W / Masters
11:30 am	Discus – WOMEN / M / Masters
Follows discus	Shot Put – WOMEN / M / Masters (W SP follows W DT, M SP after M DT)
Follows discus	Hammer – MEN / W (no masters hammer weights)
12:00 pm	Pole Vault – pre-entry only W open @ 8'0 then M open 12'6
12:00 pm	Long Jump W / M (masters with open)
To follow	Triple Jump W / M (masters with open)
1:00 pm	High Jump - W open 4'8" / M open 5'8" / Masters M/W together follow men

**2010 USATF-New England Track & Field Championship - ENTRY FORM**

Maximum of three (3) events per athlete

First Name: \_\_\_\_\_ Male / Female  
Last Name: \_\_\_\_\_ Age (on 6/13/10): \_\_\_\_\_  
Address: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
City: \_\_\_\_\_ Club: \_\_\_\_\_  
State/ZIP: \_\_\_\_\_ 2010 USATF#: \_\_\_\_\_  
Email: \_\_\_\_\_

EVENT	Best Recent Performance
1. _____ (\$15 pre)	_____
2. _____ (\$5 pre)	_____
3. _____ (\$5 pre)	_____

Make checks payable to:  
**USATF-NE**

Mail completed entry form with entry fee:  
**USATF - New England  
P.O. Box 1905  
Brookline, MA 02446**

No faxed entries.

**RECEIVED BY 6/10:** \$15 first event  
\$5 each additional event  
*Day of event:* \$20 for first event,  
\$10 each additional event

**Assumption of Risk:** I recognize that participating in track & field is a potentially hazardous activity. In exchange for acceptance of this entry, I for myself, executors, administrators and assigns, do hereby release any rights and claims for damages I may have against USATF, USATF-New England, Regis College and its Athletic Department, and any and all sponsors and individuals involved with the presentation and conduct of this meet. I hereby attest that I have full knowledge of the risk involved in competing in this event, and am physically fit and sufficiently trained to participate in this event.

Signature (parent or guardian if under 18): \_\_\_\_\_ Date: \_\_\_\_\_

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**PRIZE MONEY STRUCTURE**

The top\*\* eligible\* performers living in the New England states (MA, NH, VT, ME, CT, RI) meeting any of the following 10-event standards will be awarded **\$150**.

**MEN**

400	48.18
800	1:54.80
1500	3:52.87
SP	16.92m
JT	63.57m

**WOMEN**

400	57.66
800	2:12.58
1500	4:39.26
PV	3.81m
DT	46.50m

**\*\*\*\$200 BONUS PRIZE\*\*\***

\$200 will be awarded to any event winning athlete, who is an eligible\* USATF New England member (one bonus per athlete), who meets or exceeds a 2010 USATF National Championship Qualifying "A" standard. Award is dependent on athlete competing in the 2010 USATF National Championship.

\* Prize money will be mailed to award winners once eligibility has been confirmed. Eligibility includes an athlete having 2010 USATF membership at the time of performance, must not be a current NCAA athlete, and must not have future NCAA eligibility.

\*\* If the top performer has met the performance standard but is not eligible\* to receive prize money, the next top eligible\* performer who has met the standard will be awarded the prize.