



## USA CLUB DEVELOPMENT DISTANCE MEDLEY RELAY

At the USA Indoor Track & Field Championships  
SUNDAY, March 1, 2009

Women at 4:15 p.m., Men at 5:30 p.m.  
Reggie Lewis Track & Athletic Center, Boston MA

Presented by USATF New England association

### ELIGIBILITY

This is an invitational Distance Medley Relay held as part of the USA Indoor Track & Field Championships. Teams must be USATF clubs - they may not be all-star teams; only bona fide members may run for a club. Limited number of college teams may apply to run. Non-US citizens are eligible to compete as a member of a relay team. All runners must have a 2009 USATF membership to enter. The number must be included on the entry form.

### QUALIFICATION

**Automatic Qualifying Times:** Men: 10:25.00      Women: 12:20.00  
Times achieved from December 1, 2008 through February 22, 2009

If fewer than 6 teams meet the qualifying times, the field will be filled with performances that do not meet the standard, providing individual times project to meeting the standard.

### ENTRY AND DECLARATION PROCEDURE

Entry is through the USATF New England office, not through the national office.

The team entry form may include a maximum of 6 names.  
All athletes on the entry form must have USATF membership.  
Each team will receive 4 athlete passes and one athlete support pass.

**Deadlines:** Entry must be received with fee by Friday, February 20, 2009 at 5:00 p.m. Eastern Time. No faxed entries please. No entries accepted without fees. Teams may qualify through February 22.

**Entry fee:** \$40 / team  
Checks must be made payable to USATF-New England

**Awards:** Members of the top teams in each race will receive awards.

**Declaration:** All teams must declare their intent to compete by email or fax with the USATF New England office. [office@usatfne.org](mailto:office@usatfne.org) / (617)734-6322 by Wednesday February 25, at 5 p.m.

**NOTE:** This is NOT the same as the Championship declaration process!!

For general meet information and info on the USA National Indoor Championships, see [www.usatf.org](http://www.usatf.org)

**Questions? Contact USATF New England**  
USATF-New England - [office@usatfne.org](mailto:office@usatfne.org) - [www.usatfne.org](http://www.usatfne.org) - 617.566.7600

**ENTRY FORM**  
**USA CLUB INVITATIONAL DISTANCE MEDLEY RELAY**  
 EACH TEAM WILL RECEIVE **4** ATHLETE AND ONE SUPPORT CREDENTIAL

Club: \_\_\_\_\_ Men / Women  
Circle One

	Name	Age	USATF #
1.	_____	_____	_____
2.	_____	_____	_____
3.	_____	_____	_____
4.	_____	_____	_____

Alternates:

5.	_____	_____	_____
6.	_____	_____	_____

Coach: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Email: \_\_\_\_\_

City/State/ZIP: \_\_\_\_\_ Club Website: \_\_\_\_\_

ASSUMPTION OF RISK AND RELEASE, to be signed by coach on behalf of each athlete listed above: I understand that competing in a track and field meet is a potentially hazardous event. In consideration of your accepting this entry into the USATF Indoor Track & Field Championships Distance Medley Relay, I hereby for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages I may have against USATF, USATF-New England, its employees, agents, officers, The Reggie Lewis Track and Athletic Center, the sponsors, the volunteers and their representatives, successors and assigns for any and all injuries suffered by me in said event, or as a result of my travel to and from the competition. I attest that I am physically fit and have sufficiently trained for the competition. I agree not to cover or alter my competitor number in any way. I acknowledge that the entry fee is non-refundable, even if the event is canceled.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

**FEE: \$40 CHECK PAYABLE TO USATF - NEW ENGLAND**

**Return to: USATF - New England**  
**P.O. Box 1905**  
**Brookline, MA 02446-0016**

Deadline is Friday, February 20, 2009