



*Road Running Technical Council
USA Track & Field
Measurement Certificate*



Name of the course _____ Distance _____

Location (state) _____ (city) _____

Type of course: road race calibration track Configuration: _____

Type of surface: paved _____ % dirt _____ % gravel _____ % grass _____ % track _____ %

Elevation above sea level) Start _____ Finish _____ Highest _____ Lowest _____

Straight line distance between start & finish _____ Drop _____ m/km Separation _____ %

Measured by (name, address, phone & e-mail) _____

Race contact (name, address & phone) _____

Measuring Methods: bicycle steel tape electronic distance meter

Number of measurements of entire course: _____ Date(s) when course measured: _____

Race date: _____ Course certification effective date: _____

Replaces: _____ (if applicable) Certification code: _____

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

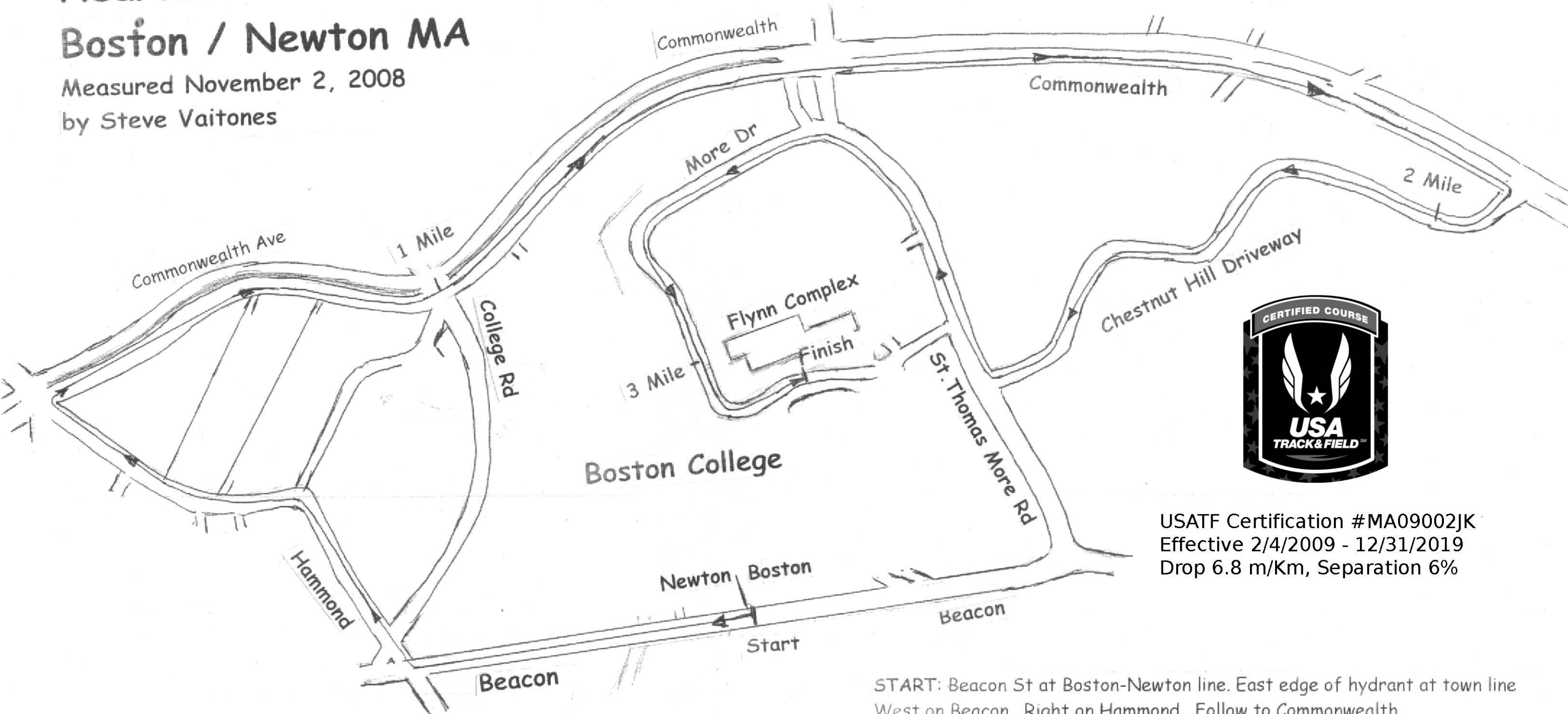
This certification expires on December 31 in the year

AS NATIONALLY CERTIFIED BY:

_____ Date: _____

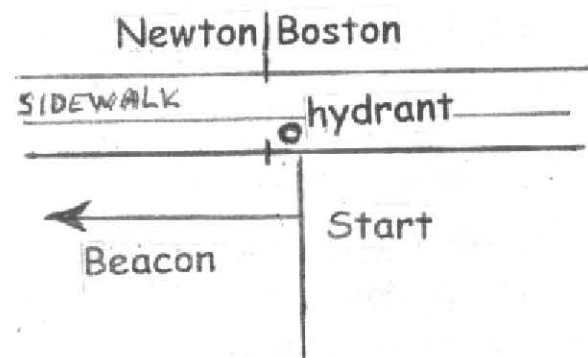
Heartbreak Hill 5K Boston / Newton MA

Measured November 2, 2008
by Steve Vaitones

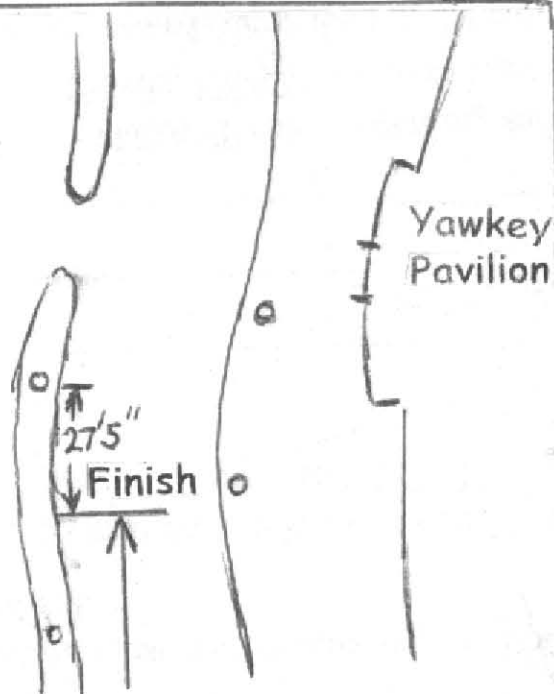


USATF Certification #MA09002JK
Effective 2/4/2009 - 12/31/2019
Drop 6.8 m/Km, Separation 6%

START



FINISH



START: Beacon St at Boston-Newton line. East edge of hydrant at town line
West on Beacon. Right on Hammond. Follow to Commonwealth
Right (east) on Commonwealth Ave
1 Mile Opposite College Rd on left in cut to carriage road, 3' before Bell manhole
Continue east on Commonwealth, pass Boston College.
Right on Chestnut Hill Driveway
2 Mile 8' into first cobblestone crosswalk in C.H.Dr.
Continue on Chestnut Hill Driveway to end.
Right on St. Thomas More Rd
Left in main entrance into Boston College (More Dr)
Follow drive to left as it turns left
3 Mile - 1' before tree before entrance to Police Station
Road bears left in front of Pavilion/Stadium
Finish - In front of Yawkey Pavilion
27'5" before first lamp pole left prior to walkway opening
from Yawkey Pavilion to Flynn Complex