



*Road Running Technical Council
USA Track & Field
Measurement Certificate*



Name of the course _____ Distance _____

Location (state) _____ (city) _____

Type of course: road race calibration track Configuration: _____

Type of surface: paved _____ % dirt _____ % gravel _____ % grass _____ % track _____ %

Elevation above sea level) Start _____ Finish _____ Highest _____ Lowest _____

Straight line distance between start & finish _____ Drop _____ m/km Separation _____ %

Measured by (name, address, phone & e-mail) _____

Race contact (name, address & phone) _____

Measuring Methods: bicycle steel tape electronic distance meter

Number of measurements of entire course: _____ Date(s) when course measured: _____

Race date: _____ Course paperwork submission date: _____

Replaces: _____ (if applicable) Certification code: _____

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year

AS NATIONALLY CERTIFIED BY:

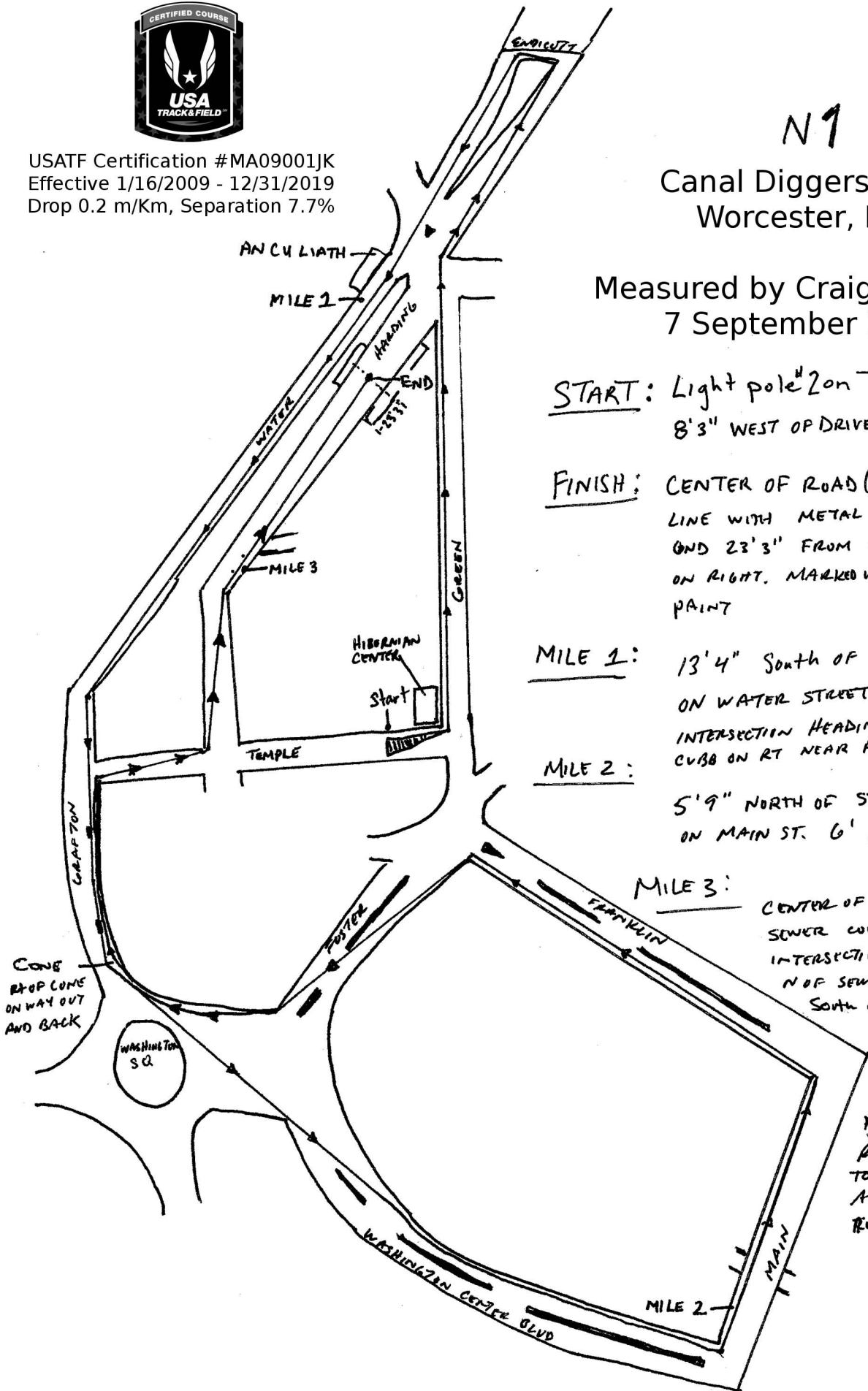
_____ Date: _____



USATF Certification #MA09001JK
 Effective 1/16/2009 - 12/31/2019
 Drop 0.2 m/Km, Separation 7.7%

N1
 Canal Diggers 5Km
 Worcester, MA

Measured by Craig Manning
 7 September 2008



START: Light pole #2 on Temple St.
 8'3" WEST OF DRIVE WAY ENTRANCE

FINISH: CENTER OF ROAD (HARDING) IN
 LINE WITH METAL DOOR ON LEFT
 AND 23'3" FROM CORNER OF BUILDING
 ON RIGHT. MARKED WITH NAIL + WHITE
 PAINT

MILE 1: 13'4" South of METAL SEWER COVER
 ON WATER STREET. JUST PAST KELLY SQ
 INTERSECTION HEADING SOUTH. 6' FROM
 CURB ON RT NEAR AN CU LIATH

MILE 2: 5'9" NORTH OF STREET/LIGHT POLE #44
 ON MAIN ST. 6' FROM CURB ON LEFT.

MILE 3: CENTER OF ROAD IN BETWEEN
 SEWER COVERS AT POND ST.
 INTERSECTION. MARK IS 15'6"
 N OF SEWER COVER 1 AN 5'6"
 SOUTH OF SEWER COVER 2

*NOTE:
 RUNNERS ARE RESTRICTED
 TO LEFT SIDE OF ROAD
 AGAINST TRAFFIC UNTIL RT
 TURN ONTO GRAPTON ST.