AMHERST TRACK CLUB X-C FESTIVAL SUNDAY NOVEMBER 7, 2010

Time:

Place:

9:30 am

10:30 am

11:00 am

11:30 am



Presented by the Amherst Track and Field Club and Amherst Recreation Department Hosted by Freestyle Farm L.L.C.

3K & 4K/5K Course Walks

3k Youth (12 and under)

Freestyle Farm, End of Mack Hill Road in Amherst, NH

4K Youth (13-14)

5k Youth (15-18)

3K-4K-5K YOUTH XC RACES

Registration: Entry Fee: Prizes: Facilities: Web Site:	Pre-entries Requested - Race Day 8:30 AM to 10:00 APre-entries (received by Nov 3) \$6.00 Race Day - \$10.00 - \$8.00 USATF Members (Checks payable to: Amherst Rec. Track and Field) Medals to all participants in 3k/4k/5k XC races Bathrooms, no changing facilities. www.amhersttrack.org for course maps and addition		
	efit track and field programs of the Amherst Track Clu Questions: George Bower - 603-673-4454, <u>Trac</u>	b and Amherst Rec	
DETACH ar	nd Mail with Entry Fee to: Amherst Track and Field	<u> </u>	·
Please Print		Registration Information (check appropriate box)	
Name:	_Age:(as of 12/31/10)		Pre-Post Entry Fee
		3K Youth XC	\$6 pre -\$10-8 post
Sex: M F	USATF Number:	4k Youth XC	\$6 pre -\$10-8 post
Address:		5k Youth XC	\$6 pre -\$10-8 post
Email (for result independent of any one of the event and their revent solution to all permission to all permission to all permission to all their revent and their revent to all permission to all their revent solutions.	state:zip:	which could result in ir s associated with my pather, conditions of the race officials relationd similar devices are eration of your accepting, Freestyle Farm, L.L. kind arising out of my part of the persons name	articipation in this event, unning surface, all such ive to any aspect of my not allowed in this event of my entry, I, for myself C., the organizers of the articipation in this event, ed in this waiver. I grant
purpose. Signature (par	ent if under 18)	Date:	