



USA Track & Field - New England Junior Olympic Cross Country Championships

Sunday, November 14, 2010

Burrillville Middle School, Burrillville RI

Age Divisions

Bantam Boys and Girls	born 2000 & later
Midget Boys and Girls	born 1998 & 1999
Youth Boys and Girls	born 1996 & 1997
Intermediate Boys & Girls	born 1994 & 1995
Young Men & Women	born 1992 & 1993

Eligibility

US Citizens, resident aliens, foreign exchange students living in MA, NH, RI, and VT only.

Entry Procedures and Entry Fees

Entry is **online at CoachO.com after 10/19**. Complete all information on the online form, print out the Waiver, and bring waiver to the meet. Athletes under age 18 **must** have form signed by a parent or guardian. Runners with unsigned/incomplete forms will not be allowed to run! If not already date of birth verified, bring a non-returnable copy of proof of date of birth, or fax / email it. **Day of event entry will be extremely limited.**

Entry Fees:

\$6 per athlete. Fee may be mailed in or brought to meet. Clubs can pay in one check

Entry on race day, individuals only, \$10.00

Checks payable to **USATF-New England, mail to USATF – New England**
P.O. Box 1905
Brookline, MA 02446
We strongly encourage pre-meet payment.

USATF Membership - Important

Runners must have a 2010 or 2011 USATF membership to enter the meet and use the online registration. Memberships may be obtained online at www.usatf.org (preferred) or mailed in. 2011 Membership begins on November 1 and is good for all of 2010 and 2011 - **so wait til then and save!** USATF membership for athletes 18-and-under - \$20.00,

Awards

Medals to the top 15 finishers in each race

Contact office@usatfne.org by November 10 for info on obtaining a waiver or with any other questions

For additional information and maps and directions to Burrillville, check www.usatfne.org/cross

Schedule of Events

9:00 a.m.	REGISTRATION BEGINS
10:30 a.m.	3000 meter Bantam Girls
11:00 a.m.	3000 meter Bantam Boys
11:30 a.m.	3000 meter Midget Girls
12:00 noon	3000 meter Midget Boys
1:00 p.m.	4000 meter Youth Girls
1:30 p.m.	4000 meter Youth Boys
2:00 p.m.	5000 meter Intermediate Girls and Young Women
2:30 p.m.	5000 meter Intermediate Boys and Young Men
	Combined ages
	Combined ages

Team Scoring: Limited to USATF clubs. Top 5 by Place. If a team has more than 8 runners in one division, they must declare their top 8 scorers before the race on race day at registration. Forms will be available. A, B, C teams may be declared as well.

REGION I JUNIOR OLYMPIC CHAMPIONSHIPS

Sunday, November 21, 2010. Burrillville RI.

Region I consists of the Adirondack, Connecticut, Long Island, Maine, Metropolitan, and New England associations.

The top 3 teams and other individuals in the top 25 at the New England meet **qualify** to advance to the Region I meet. If a team in the top three or an individual in the top 25 chooses not to advance, others **do not move up!**

WAIVERS INTO REGION I MEET

With approval of the association, athletes who compete in a high school championship meet on November 13 may be allowed to advance directly to the Region I meet. They may only score for a club if the club has already advanced as a team. Entire scoring teams may NOT be waived to Region I.

REGION I ENTRY

Registration for the Region I meet **is online only at CoachO.com**. A club **must** enter all runners together. Athletes qualifying for and entering the Region I meet **must enter and pay online at CoachO.com on November 16 and 17 by midnight only. Payment at time of registration, Visa only**
REGION I FEE IS \$8 PER RUNNER.

USATF National Junior Olympic XC Championships Hoover AL, Saturday, December 11, 2010

The top 3 and other individuals in the top 20 in the Region I meet qualify to advance to the National JO Championships. Entry using CoachO.com after the Region I meet; the time line for entry will be available at the Region I meet